

Eli Tsukayama, M.A.

Curriculum Vitae

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University of Pennsylvania • 3701 Market St., Suite 207 • Philadelphia, PA 19104

Email: elit@psych.upenn.edu

Education

University of Pennsylvania	Sept. 2007 – Present
<ul style="list-style-type: none">• Ph.D. in Psychology (in progress)• Master of Arts in Psychology (2008)• Cumulative GPA: 3.87	
University of Hawaii	Aug. 2004 – May 2007
<ul style="list-style-type: none">• Bachelor of Arts in Psychology with Highest Honors (2007)• Cumulative GPA: 4.0	
University of Hawaii – Leeward Community College	Jul. 2002 – Dec. 2004
<ul style="list-style-type: none">• Associate of Arts in Liberal Arts with Honors (2004)• Cumulative GPA: 4.0	

Professional Experience

Psychology Department at the University of Pennsylvania, Philadelphia, PA

<u>Statistics Consultant</u>	Jan. 2009 – Present
<ul style="list-style-type: none">• Assist Ph.D. and Masters students with their research design and analyses• Led a three-week (four hours per week) workshop on hierarchical linear modeling (HLM) for the graduate students in the psychology department (Summer '09)	
<u>Instructor</u>	Jan. 2011 – Present
<ul style="list-style-type: none">• Co-instructor for <i>Independent Empirical Research in Positive Psychology</i> (Spring '11)	
<u>Guest Lecturer</u>	Mar. 2008 – Present
<ul style="list-style-type: none">• Guest lecture on self-control in <i>Positive Psychology</i> (Fall '10)<ul style="list-style-type: none">○ Instructor: Kinjal Doshi• Guest lecture on virtuous cycles in <i>Positive Psychology Interventions</i> (Spring '10)<ul style="list-style-type: none">○ Instructor: Acacia Parks• Guest lecture on virtuous cycles in <i>Positive Psychology Interventions</i> (Spring '10)<ul style="list-style-type: none">○ Instructor: Stephen Schueller	
<u>Teaching Assistant</u>	Sept. 2008 – May 2009
<ul style="list-style-type: none">• Positive Psychology (Spring '09)<ul style="list-style-type: none">○ Professor: Angela Duckworth• Introductory Psychology (Fall '08)<ul style="list-style-type: none">○ Professor: Paul Rozin	

Psychology Department at the University of Hawaii at Manoa, Honolulu, HI

<u>Supervisor for Introductory Psychology Courses</u>	Jan. 2007 – May 2007
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- Supervised seven Introductory Psychology instructors in Spring '07

Introductory Psychology Instructor

Aug. 2006 – May 2007

- Taught one Introductory Psychology course in Spring '07
- Taught two Introductory Psychology courses in Fall '06

Learning Assistance Center at the University of Hawaii at Manoa, Honolulu, HI

Volunteer Tutor

Jul. 2005 – May 2007

- Introductory Psychology
- Introduction to Statistics for the Social Sciences
- Introduction to Research Methods in Psychology

College of Business Netlab at the University of Hawaii at Manoa, Honolulu, HI

Computer Lab Monitor

Dec. 2004 – May 2007

- Computer repair, upgrades, and support
- Network support

PDCSystems, Honolulu, HI

Computer Technician

Dec. 2000 – Jan. 2006

- Computer manufacturing, repair, upgrades, and support
- Network setup and support

Leeward Community College, Pearl City, HI

Teaching Assistant

Oct. 2003 – Aug. 2004

- Introduction to Psychology

Learning Resource Center at Leeward Community College, Pearl City, HI

Volunteer Tutor

May 2004 – Aug. 2004

- Human Biology
- Science of Nutrition
- Introduction to Deductive Logic
- Introduction to Psychology
- Introduction to Physical Science
- Introduction to Sociology

Peer-Reviewed Publications

Duckworth, A. L., Kirby, T. A., **Tsukayama, E.**, Berstein, H., & Ericsson, K. A. (2011). Deliberate practice spells success: Why grittier competitors triumph at the National Spelling Bee. *Social Psychological and Personality Science*, 2, 174-181.

Tsukayama, E., Toomey, S. L., Faith, M., & Duckworth, A. L. (2010). Self-control protects against overweight status in the transition from childhood to adolescence. *Archives of Pediatrics & Adolescent Medicine*, 164, 631-635.

Tsukayama, E., & Duckworth, A. L. (2010) Domain-specific temporal discounting and temptation. *Judgment and Decision Making*, 5, 72-82.

Duckworth, A.L., **Tsukayama, E.** & May, H. (2010). Establishing causality using longitudinal hierarchical linear modeling: An illustration predicting achievement from self-control. *Social Psychological and Personality Science*, 1, 311-317.

Duckworth, A.L., **Tsukayama, E.** & Geier, A.B. (2010). Self-controlled children stay leaner in the transition to adolescence. *Appetite*, 54, 304-308.

Manuscripts in press

Kross, E., Duckworth, A. L., Ayduk, O., **Tsukayama, E.**, & Mischel, W. (in press). Differential Effects of Self-Distanced vs. Self-Immersed Reflection for Affect and Cognition Among Children. *Emotion*.

Proctor, C. L., **Tsukayama, E.**, Wood, A. M., Maltby, J., Eades, J. F., & Linley, P. A. (in press). Strengths Gym: The impact of a character strengths-based intervention on the life satisfaction and well-being of adolescents. *Journal of Positive Psychology*.

Manuscripts Under Submission or in Preparation

Manuscripts submitted for publication

Tsukayama, E., Duckworth, A. L., & Kim, B. E. Resisting everything but temptation: Evidence and an explanation for domain-specific impulsivity. *Manuscript submitted for publication*.

Duckworth, A. L., Quinn, P. D., & **Tsukayama, E.** What *No Child Left Behind* leaves behind: The roles of IQ and self-control in predicting standardized achievement test scores and report card grades. *Manuscript submitted for publication*.

Duckworth, A. L., **Tsukayama, E.**, & Kim, B. E. Development and validation of a domain-specific impulsivity scale for children. *Manuscript submitted for publication*.

Duckworth, A. L., Weir, D., & **Tsukayama, E.** Who gets ahead? Personality correlates of economic success in America. *Manuscript submitted for publication*.

Manuscripts in preparation

Tsukayama, E., & Kable, J. Number, rather than economic value, drives the magnitude effect in temporal discounting. *Manuscript in preparation*.

Tsukayama, E., & Duckworth, A. L. Gender differences in domain-specific impulsivity. *Manuscript in preparation*.

Duckworth, A.L., Kim, B.E., & **Tsukayama, E.** Negative life events impair self-control in adolescents. *Manuscript in preparation*.

Duckworth, A.L., & **Tsukayama, E.** Is It Really Self-Control? Validity of the “Marshmallow Test.” *Manuscript in preparation*.

Presentations

- Tsukayama, E., Kable, J.** (2011, May). *Number, rather than economic value, drives the magnitude effect in temporal discounting*. Poster presentation at the Association for Psychological Science Convention: Washington, DC.
- Tsukayama, E., Duckworth, A. L., & Kim, B. E.** (2010, July). *Domain-Specific Impulsivity in Children and Adolescents*. Invited speaker for the International Symposium on Skill Formation in Childhood and Adolescence: Economic and Behavioral Perspectives, Freiburg, Germany.
- Tsukayama, E., Duckworth, A. L., & Kim, B. E.** (2010, June). *Domain-Specific Impulsivity in Middle School Children*. Poster presentation at the Institute of Education Sciences (IES) Research Conference, National Harbor, MD.
- Tsukayama, E., & Duckworth, A. L.** (2010, May). *Gender Differences in Domain-Specific Impulsive Behavior*. Poster presentation at the Association for Psychological Science (APS) Annual Convention, Boston, MA.
- Duckworth, A. L., & Tsukayama, E.** (2009, April). *Beyond prediction: Establishing the causal role of self-control in academic achievement*. Symposium conducted at the Society for Research in Child Development (SRCD) Biennial Meeting, Denver, CO.

Awards, Honors, and Recognitions

University of Pennsylvania Dean's Scholar	2011
This honor is awarded annually to nine doctoral students in the School of Arts and Sciences (SAS) who exhibit exceptional academic performance and intellectual promise.	
Institute of Education Sciences (IES) Predoctoral Training Fellowship	2009 - Present
\$40,500/year fellowship awarded to select Ph.D. students committed to field-based research in education	
Institute of Education Sciences (IES) and the Institute for Policy Research (IPR) at Northwestern University Training Grant	2010
Sponsored attendee of a workshop on Quasi-Experimental Design and Analysis in Education at Northwestern University	
National Center for Education Statistics (NCES) Training Grant	2010
Sponsored attendee of the NCES database training seminar on the Early Childhood Longitudinal Study, Kindergarten Cohort (ECLS-K)	
University of Pennsylvania Graduate School of Arts and Sciences Travel Grant	2010
\$300 travel grant to present "Gender Differences in Domain-Specific Impulsive Behavior" at the Association for Psychological Science Convention in Boston, Massachusetts.	
Inter-University Consortium for Political and Social Research (ICPSR) Travel Grant	2009
\$1000 travel grant to attend a database training workshop on the National Institute of Child Health and Human Development Study of Early Child Care and Youth Development (NICHD-SECCYD) at the University of Michigan	
University of Pennsylvania Graduate School of Arts and Sciences Travel Grant	2009
\$300 travel grant to present "Beyond prediction: Establishing the causal role of self-control in	

academic achievement” at the Society for Research in Child Development Biennial Meeting in Denver, Colorado.	
Phi Beta Kappa Invitations to join the Alpha of Hawaii chapter are offered to less than 5% of graduating seniors based on GPA, evidence of intellectual diversity, and other criteria.	2007
University of Hawaii Student Marshal for the College of Social Sciences Awarded on the basis of scholarship, leadership, and service by the deans of each school and college. Student Marshals lead their graduating class in the commencement ceremonies.	2007
University of Hawaii Undergraduate Leadership Distinction Award Awarded to students who demonstrate exemplary service to their fellow students and the campus community	2007
University of Hawaii Undergraduate Research Symposium Honorable Mention Poster	2007
University of Hawaii Undergraduate Research Symposium Honorable Mention Presentation	2007
Associated Students of the University of Hawaii Research Grant \$750 grant to conduct Honors project titled “Academic Achievement and Non-Intellectual Variables: Self-efficacy, Self-Discipline, Grit, Time Perspective, and Time Invested in School”	2007
Hawaii Veterans Memorial Scholarship (\$1000)	2007
Finalist for Rhodes Scholarship	2006
University of Hawaii Nominee for Rhodes Scholarship	2006
Finalist for Harry S. Truman Scholarship	2006
University of Hawaii Nominee for Harry S. Truman Scholarship	2006
Federal Asian Pacific American Council (FAPAC) Scholarship (\$1000)	2006
Golden Key 2005-2006 New Inductee Senior Scholarship (\$250)	2006
University of Hawaii Peer Model for Honors Research	2006
Mortar Board National College Senior Honor Society Members are selected on the basis of scholarship, leadership, and service	2006
Golden Key International Honor Society Invitations to join are offered to the top 15% (based on GPA) of college juniors, seniors, and graduate students	2005
Psi Chi – The National Honor Society in Psychology	2005
University of Hawaii Albert J. Simone Scholar Top-ranked student among the Presidential Scholars	2004
University of Hawaii Presidential Scholar Full scholarship awarded on the basis of academic achievement, creative endeavor, leadership, and service	2004
Valedictorian of University of Hawai‘i – Leeward Community College Class of 2004	2004
American Psychological Association Diversity Project 2000 and Beyond Participant Week-long leadership and mentoring program designed for ethnic minority honor students. All selected participants receive a travel grant and complimentary APA membership and convention	2004

registration.

Pacific Asian Scholarship (\$1000) 2003

HiTech Quest Hall of Fame 2003
Awarded to past participants of HiTech Quest who have gone on to contribute to the information technology industry in Hawaii

HiTech Quest Scholarship (\$1500) 2001
Awarded to outstanding high school students who have contributed to the information technology industry in Hawaii

Professional Affiliations, Service, and Certifications

Affiliations

- American Psychological Association Member
- Association for Psychological Science Member
- Society for Personality and Social Psychology

Service

- Reviewer for *Judgment and Decision Making*

Certifications

- Microsoft Certified Systems Engineer
- Microsoft Certified Professional
- Network+ Certification
- A+ Certification

Leadership Experience

University of Pennsylvania

Penn Undergraduate Positive Psychology Society

- Co-advisor (2011)

University of Hawaii at Manoa

Regents and Presidential Scholars

- President (2006)
- Vice-President (2005)

Peer Mentor Ohana

- Student Advisor (Fall 2006 – Spring 2007)
- President (Fall 2005 – Spring 2006)

Leeward Community College

Associated Students of the University of Hawaii - Leeward Community College (ASUH-LCC)

- Senator (2004)
 - Chair of Education Committee
 - Chair of Student Rights and Welfare Committee
 - Co-chair of the Constitution and Operating Rules Committee
 - Representative to the University of Hawaii Student Caucus
 - Student representative to the Faculty Senate

- Student representative on the Institutional Integrity Committee
- Student representative on the Committee for Learning Resources and Information Technology

Phi Theta Kappa International Honor Society

- Vice-President of Scholarship (Spring 2004)

Home School Organization (HSO)

- President (2003)

Other Notable Activities

College Bowl

- Represented the University of Hawaii at the Regional Championship Tournament in Fresno, CA. (Spring 2007)
- First place in the University of Hawaii at Manoa Campus Tournament (Fall 2006)
- Second place in the University of Hawaii at Manoa Campus Tournament (Fall 2005)
- College Bowl (the “The Varsity Sport of the Mind”) is a multi-tiered collegiate trivia tournament. The winners of each college’s Campus Tournament go on to represent their school in the Regional Championship Tournament, and the Regional Champions go on to the National Championships.

HiTech Quest

- Advisor and Judge for the 2005 HiTech Quest competition (2004-2005)
- HiTech Quest is a non-profit organization created to nurture Hawai‘i youth with information technology skills. Its board of directors includes members from the Department of Education, University of Hawai‘i, and State Senate.

Radio Talk Shows

- Invited guest on Peter Kay’s Your Computer Hour to discuss the future of Hawaii’s information technology industry (November 2003)
- Invited guest on Alan Lam’s Hello HiTech to discuss the future of Hawaii’s information technology industry (September 2001)