8th ANNUAL
DELAWARE VALLEY CONSORTIUM FOR EXCELLENCE & EQUITY
HIGH SCHOOL STUDENT LEADERSHIP INSTITUTE

November 14, 2013

“THE PURSUIT OF PERSONAL EXCELLENCE:
CONNECTING DREAMS TO EDUCATION”

University of Pennsylvania
Sheraton University City Hotel
36th & Chestnut Sts.
Philadelphia, PA
8:15–8:45  REGISTRATION & CONTINENTAL BREAKFAST

Lower Lobby

9:00–9:15  WELCOME

Ben Franklin Ballrooms

Dr. Robert L. Jarvis, Director
Delaware Valley Consortium for Excellence & Equity
Penn Center for Educational Leadership
Graduate School of Education
University of Pennsylvania

9:15–10:00  KEYNOTE ADDRESS: “YOUR FUTURE IS IN YOUR HANDS!”

Ben Franklin Ballrooms

Darrell “Coach D.” Andrews has impacted the academic outcomes for over 15 years. He has gained his insight through years of hands-on experience in running HYPE (Helping Youth Pursue Excellence), a successful school-based, career-readiness, soft-skills and academic excellence program that was one of the highest rated Workforce Investment Act Programs in the United States. HYPE’s success was a by-product of two core philosophies: 1. Youth are not committed to programs; youth are committed to people; 2. A student with a dream is a student with a future; however, a student with a dream is fueled by a caring adult who believes in their dreams. Supporting the philosophy that relationship building is the foundation of success he strives to help students develop a sense of self worth and self identity while changing negative paradigms that are detrimental to their future. His grass roots success has opened the door for him to speak at thousands of schools and school districts, colleges and universities, non-profit organizations and national and state conferences.

10:10–11:05  MORNING BREAKOUT SESSIONS

1. “THE PASSION MAPPING SEMINAR”

PRESENTER: Mr. Darrell "Coach D" Andrews, CSP
Certified Speaking Professional
Education Consultant, Speaker, Author
Bear, DE

ROOM: University 2

SESSION DESCRIPTION: As a result of this session you will take away a better understanding of the importance of your current education experiences to your future career and life goals: (1) Understand that you do have a unique talent and ability to offer the world. (2) Realize the power of relationships on your future goals—positively or negatively. (3) Have a clearer picture of the impact of your life choices and decisions. (4) Recognize the importance of having a plan.
### 2. “WHERE I AM DOES NOT Dictate WHO I AM”

**PRESENTER:** Mrs. Jonice Arthur, Founder and CEO, Regna Services, LLC  
“Together We CAN Turn Things Around”  
Feasterville, PA  

**ROOM:** Fairmount 2

**SESSION DESCRIPTION:** "Where I am Does Not Dictate Who I Am" Many times people judge themselves off of how others see them and not how they view themselves. We tend to judge from a person's outward appearance and we have no idea what they possess inside. In turn, we begin to live our lives based on the need to uphold a certain reputation and we neglect to present that internal self that lies within. Said best by John Wooden, "One should be more concerned with character than reputation; character is who you truly are and reputation is who others think you are."

### 3. “COLLEGE READINESS 101: WHAT DO YOU NEED TO KNOW NOW?”

**PRESENTER:** Dr. Marcal Graham, Associate Director  
University of Maryland Educational Opportunity Center  
Lanham, MD  

**ROOM:** William Penn 2

**SESSION DESCRIPTION:** As a high school student you can feel overwhelmed by the many demands of attending college. Understanding the SAT versus the ACT test, and the importance of grade point averages when applying to college is just one part of the equation, as you must consider the short-term and long-terms costs, size, academic programs, and retention and graduation rates as you make your plans. In this interactive workshop, questions such as is college worth the financial investment, how will I pay for college, what is the FAFSA, do I live on campus your first year of college, how is learning in college different from high school? These are just some of the questions we will engage in during this interactive workshop. Participants will leave the workshop knowing the seven key questions they need to ask themselves as they plan for and make the transition to college.

### 4. “CODE SWITCH FOR JUSTICE... KEEPING IT "REAL" MAY COST YOU”

**PRESENTER:** Ms. Andrea Lawful-Trainer, Educational Consultant & Parent  
Ms. Keir Bradford-Grey, Chief Public Defender of Montgomery County Norristown, PA  

**ROOM:** William Penn 1

**SESSION DESCRIPTION:** Be ready for an engaging discussion about teens who are often feeling targeted because of many popular behaviors in school and community. You will meet an Educator and a Chief Public Defender who will discuss among other things, the justice system and criminalization of what used to be considered basic adolescent mistakes and give participants positive strategies to combat it.

### 5. “CHANGE YOUR SONG, CHANGE YOUR LIFE!”

**PRESENTER:** Mr. James Wilson, Jr., President  
SuccessConnect  
Philadelphia, PA  

**ROOM:** University 1

**SESSION DESCRIPTION:** The way we see things around us, is largely based on how we see ourselves. Whether we see ourselves as a failure or success will determine how far we go in these areas. However, switching from failure to success in any area doesn’t take monumental changes, but small incremental shifts. This workshop will equip you with tools to experience these small “KAPOW” moments and help you develop a healthy self-image. During this candid workshop you will be empowered to break through barriers of insecurity, and destructive habits to form a self-image that is both healthy and beneficial to you and the world around you. Come have fun and learn how to “KAPOW” into your future!
### 6. “BULLIES, PARENTS & TEACHERS – OMG: HOW TO FIND MY OWN VOICE”

**PRESENTER:** Dr. Chuck Williams, Associate Teaching Professor, School of Education and Department of Psychology, & Founding Director, Center for the Prevention of School–Aged Violence
School of Education, Drexel University
Philadelphia, PA

**ROOM:** Chestnut

**SESSION DESCRIPTION:** Students will explore and discuss issues related to bullying, self-esteem and peer pressure. Issues related to belonging and wanting to “fit in” will also be examined. We will also view a few videos of youth discussing some of the challenges which they face; this will provide the basis for interactive group activities. Youth will also have an opportunity to share their successes, with the hopes of inspiring their peers.

### 7. “THE LASTING EFFECTS OF A FIRST IMPRESSION”

**PRESENTER:** Ms. Karen Gill, & Ms. Lia Hannon
Burlington County Institute of Technology
Westampton, NJ

**ROOM:** Fairmount 1

**SESSION DESCRIPTION:** This workshop will remind students that first impressions last forever and at times are hard to change. Your attitude, your language and your appearance will be interpreted by those you meet throughout your lifetime and self awareness is the key to being successful. Students will discuss appropriate attire, language and responses when meeting new people in a variety of settings, view images and participate in small group activities to enhance their understanding of real life expectations.

### 11:15–12:10 AFTERNOON BREAKOUT SESSIONS

### 1. “WHERE I AM DOES NOT DICTATE WHO I AM”

**PRESENTER:** Mrs. Jonice Arthur, Founder
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3.  "THE LASTING EFFECTS OF A FIRST IMPRESSION"

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**ROOM:** Fairmount 1

4.  "CODE SWITCH FOR JUSTICE... KEEPING IT "REAL" MAY COST YOU"

**PRESENTER:** Ms. Andrea Lawful-Trainee,
Educational Consultant & Parent
Ms. Keir Bradford–Grey, Chief Public Defender of Montgomery County
Norristown, PA

**SESSION DESCRIPTION:** This workshop is designed to be a spirited conversation between the youth and the two facilitators on the merits/consequences of speaking in a manner that may be misconstrued as negative or ‘trash’ talking. When is it appropriate? Are you losing your identity if you “Code Switch?” The presenters are parents of teenagers who sit on both sides of the spectrum and will keep you laughing while giving you food for thought on why first impressions are often lasting ones. Come and discuss with these adults how you can remain true to yourself and keep your identity in an increasingly competitive school environment without being perceived as offensive.

**ROOM:** William Penn 1

5.  "CHANGE YOUR SONG, CHANGE YOUR LIFE!"

**PRESENTER:** Mr. James Wilson, Jr., President
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12:15–1:00  GENERAL SESSION — LUNCH

Ben Franklin Ballrooms

1:00–2:00  GENERAL SESSION — NETWORKING & GOAL-SETTING

Ben Franklin Ballrooms

SESSION DESCRIPTION: Group Leaders will assist their students in reflecting upon the day’s activities and message. Direct students to complete a thorough road map for success that includes long-term and short-term goals, steps to success, potential barriers, and ways to overcome the barriers.

2:15–2:30  BUSES DEPART

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Thank you to ALL of the dedicated teachers, guidance counselors, and school administrators from our Delaware Valley Consortium for Excellence & Equity school districts for their extraordinary leadership and support In organizing this event!
<table>
<thead>
<tr>
<th>Delaware Valley Consortium for Excellence &amp; Equity</th>
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| **Abington School District**  
Amy Sichel, Superintendent  
Abington, PA |
| **Allentown Area School District**  
C. Russell Mayo, Superintendent  
Allentown, PA |
| **Bensalem Township School District**  
David E. Baugh, Superintendent  
Bensalem, PA |
| **Bethlehem Area School District**  
Joseph Roy, Superintendent  
Bethlehem, PA |
| **Brandywine School District**  
Mark Holodick, Superintendent  
Claymont, DE |
| **Burlington Co. Institute of Technology**  
Donald Lucas, Superintendent  
Westampton, NJ |
| **School District of Cheltenham Township**  
Natalie Thomas, Superintendent  
Elkins Park, PA |
| **Chester County Intermediate Unit #24**  
Joseph O’Brien, Executive Director  
Downington, PA |
| **Colonial School District**  
Dorothy Linn, Superintendent  
New Castle, DE |
| **Downingtown Area School District**  
Lawrence Mussoline, Superintendent  
Downingtown, PA |
| **Hatboro–Horsham School District**  
Curtis Griffin, Superintendent  
Horsham, PA |
| **Lenape Regional High School District**  
Carol Birnbohm, Superintendent  
Shamong, NJ |
| **Lindenwold Public Schools**  
Cheryl Simone, Superintendent  
Lindenwold, NJ |
| **Lower Merion School District**  
Christopher McGinley, Superintendent  
Ardmore, PA |
| **Methacton School District**  
Jeffrey A. Miller, Acting Superintendent  
Eagleville, PA |
| **Morrisville School District**  
William Ferrara, Superintendent  
Morrisville, PA |
| **Neshaminy School District**  
Robert Copeland, Superintendent  
Langhorne, PA |
| **Norristown Area School District**  
Janet Samuels, Superintendent  
Norristown, PA |
| **Pennsylvania State Education Association**  
Michael Crosse, President  
Harrisburg, PA |
| **Pennsbury School District**  
Kevin McHugh, Superintendent  
Fallsington, PA |
| **Red Clay Consolidated School District**  
Mervin Daugherty, Superintendent  
Wilmington, DE |
| **Rose Tree Media School District**  
James Wigo, Sr., Superintendent  
Media, PA |
| **Salem City School District**  
Amiot Patrick Michel, Superintendent  
Salem, NJ |
| **Southeast Delco School District**  
Stephen Butz, Superintendent  
Folcroft, PA |
| **Spring–Ford Area School District**  
David Goodin, Superintendent  
Royersford, PA |
| **School District of Springfield Township**  
Nancy Hacker, Superintendent  
Oreland, PA |
| **Upper Dublin School District**  
Michael Pladus, Superintendent  
Maple Glen, PA |
| **Upper Merion Area School District**  
Jane Callaghan, Superintendent  
King of Prussia, PA |
| **West Chester Area School District**  
James Scanlon, Superintendent  
West Chester, PA |
| **Wissahickon School District**  
Judith Clark, Superintendent  
Ambler, PA |