



Uncertainty Mindset in Action Template

WHEN TO USE: To develop an action plan to address complicated school-based situations



WHAT IT DOES: Guides educators in organizing their thoughts and generating meaningful action steps that focus on academic, social, and emotional wellness

NAME _____

After writing out or thinking through your current challenges or case, list the core issue(s) that need addressing:



✓ _____	✓ _____
✓ _____	✓ _____
✓ _____	✓ _____

Select one pressing issue, or interlocking issues, and apply the Uncertainty Mindset Framework. Repeat this process as needed for other issues.

UNCERTAINTY MINDSET QUESTIONS + RESPONSES 	ACTION ITEMS 
<p>DIALOGUE WITH STAKEHOLDERS</p> <p>Q: Who are the relevant stakeholders?</p> <p>Q: How can I work with stakeholders to develop a responsive action plan?</p>	<p><input type="checkbox"/></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p>
<p>CONSIDER CLIMATE</p> <p>Q: How can I make my classroom (in-person or online) a safe and supportive space?</p> <p>Q: How does the larger school climate, including school-wide policies and practices, impact the situation?</p> <p>Q: How have larger societal issues, including the COVID-19 crisis, affected this situation?</p>	<p><input type="checkbox"/></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p>

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UNCERTAINTY MINDSET QUESTIONS + RESPONSES 	ACTION ITEMS 
<p>APPLY AN EQUITY LENS</p> <p>Q: <i>How does my sociocultural identity influence how I am viewing and responding to this student/situation?</i></p> <p>Q: <i>How do my students' sociocultural identities influence how they are viewing and responding to this situation?</i></p>	<p><input type="checkbox"/></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p>


REFLECT AND EVALUATE

Q: *What have I learned?*


Q: *What questions do I still have?*

Q: *What does this mean for my practice going forward?*












ONGOING



TOOLS



RESOURCES

- Mental Wellness Self-Assessment  
- Teacher Burnout Self-Assessment 
- Social-Emotional Learning Survey: Classroom Safety   
- Mindfulness Activities Checklist 
- Building Developmental Relationships During the COVID-19 Crisis Checklist 
- Self-Care Survey  
- ADDRESSING Model Reflection 

Materials to support exploration of the following topics:

- Dialogue
- Climate
- Equity
- Reflection/Evaluation
- COVID-19 information
- Virtual learning
- Mental wellness
 - Mindfulness
 - Self-care
 - Trauma-informed practices
- Social-emotional learning

